Exchange Student GUIDE

ESN VAASA

Erasmus Student Network
Vaasa

CONTACT US

Instagram: **@esnvaasa**
WhatsApp: any of the community admins
Facebook: **ESN Vaasa**
Email: **board@esnvaasa.net**

EMERGENCY

112

Incase you don't need immediate attention

Link: Emergency room customer help

116 117

!!!

pharmacy = apteekki

Burana and Panadol are the namebrand painkillers (more expensive)

Heinix, good over the counter allergy medication

GROCERY STORES

Vaasa has NO stores open past 23:00 (11pm)

minimani

Good deals when they have campaign weeks

K

Citymarket, supermarket and market depending on size

Cheap store brand alternative for everything: Pirkka and K-menu

5% student discounts!!!

LIDL

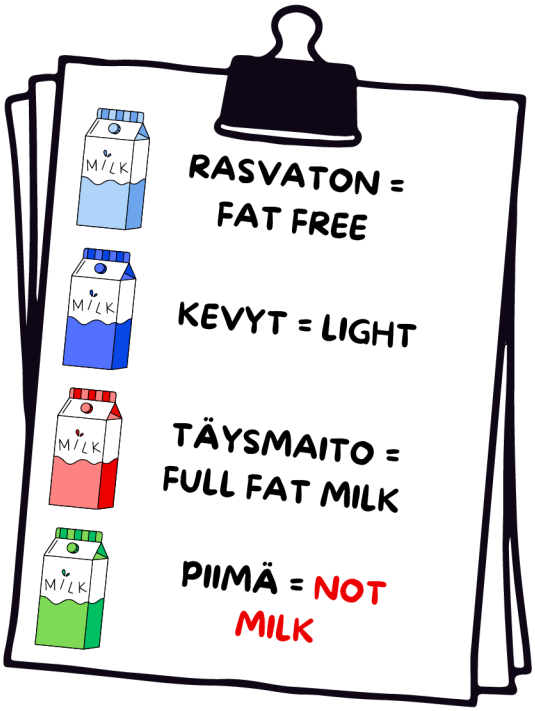
Sale

S MARKET

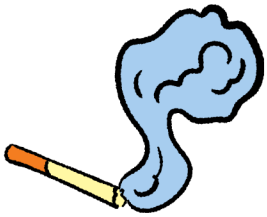
Both owened by the same company. Sale is smaller. Cheap store brands: Coop, Rainbow and Xtra

Discount stickers are a student's best friend, especially after 20:00 when the discount doubles

30% -> 60%



LACTOSE FREE = LAKTOOSITON



Cigarettes are sold at most grocery stores. You can find them at certain cash registers. Cigarettes are not displayed so you must ask or know what you want!

BUYING ALCOHOL

Regular grocery stores can only sell alcohol that is up to 8%

Stores sell alcohol only until 21:00. It doesnt matter if you are in the line before 21:00, they will not sell it to you after the clock hits 21:00

Alko

Alko is the store that sells anything stronger than 8%. Also not open past 21:00. You must be 20 or older to buy anything over 22%

- You must be over 18 to buy <22%
- You must be over 20 to buy >22%
- Alcohol is sold 9-21:00
- Anything strong is only sold in Alko
- If you are buying alcohol with a friend they can refuse to serve you if one doesn't have ID

ALKO IS CLOSED ON SUNDAYS

STUDENT DISCOUNTS

Most places offer student discounts. You can ask or look around and it might be displayed somewhere!
With your ESN Card you can get so many discounts all around FinaInd, online and even backhome!

You can get your ESN Card from us at anypoint after you have purchased our membership on Kideapp

These are some of our favorites
(more at esncard.org)

TØRST COMPANY

RYANAIR

fontana|club

FLIXBUS

TIMETRAVELS

DNA

eurosender

STUDENT OVERALLS

"Uniform" of Finnish students

ESN
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Vaasa

PATCHES

Sew them **on by hand** by yourself, no glue or staples

Buy, receive or **earn them from student events**

"HAALARIMERKKI" = OVERALL PATCH

Avoid putting them on **logos**

WEARING OVERALLS

your **student union logo** should be visible on the back

Overalls represent **study field**, student **association** and **university** you study in

RULES

NO WASHING!
Only wash the overalls **while wearing them** (take a shower or jump into a lake)

Engineering university students (or last year students with filled legs) wear the **entire suits** while **non-engineering** students only wear the **pants part** and **tie the upper part on their waist**

RULES

OVERALL COLORS

Vaasan yliopisto
UNIVERSITY OF VAASA

- EVERYONE

Åbo Akademi

- TEACHER
- POLITICAL SCIENCE

VAMK
VAASAN AMMATTIKORKEAKOULU
UNIVERSITY OF APPLIED SCIENCES

- NURSING
- ENGINEERING
- (VIO) ENGINEERING
- SOCIAL SCIENCES
- BUSINESS ADMINISTRATION

HANKEN

- ECONOMICS

NOVIA
UNIVERSITY OF APPLIED SCIENCES

- NURSING
- ENGINEERING
- SOCIAL SCIENCES

ESN BLUE OVERALLS AVAILABLE FOR ALL EXCHANGE STUDENTS

30€/member
35€/non-member

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Vaasa

MAPS: USEFUL LOCATIONS

You can find all important locations through the following google maps links. You can same the lists to your own google maps.

the locations are divided between important student life related locations and different hobbies you can find around the city!

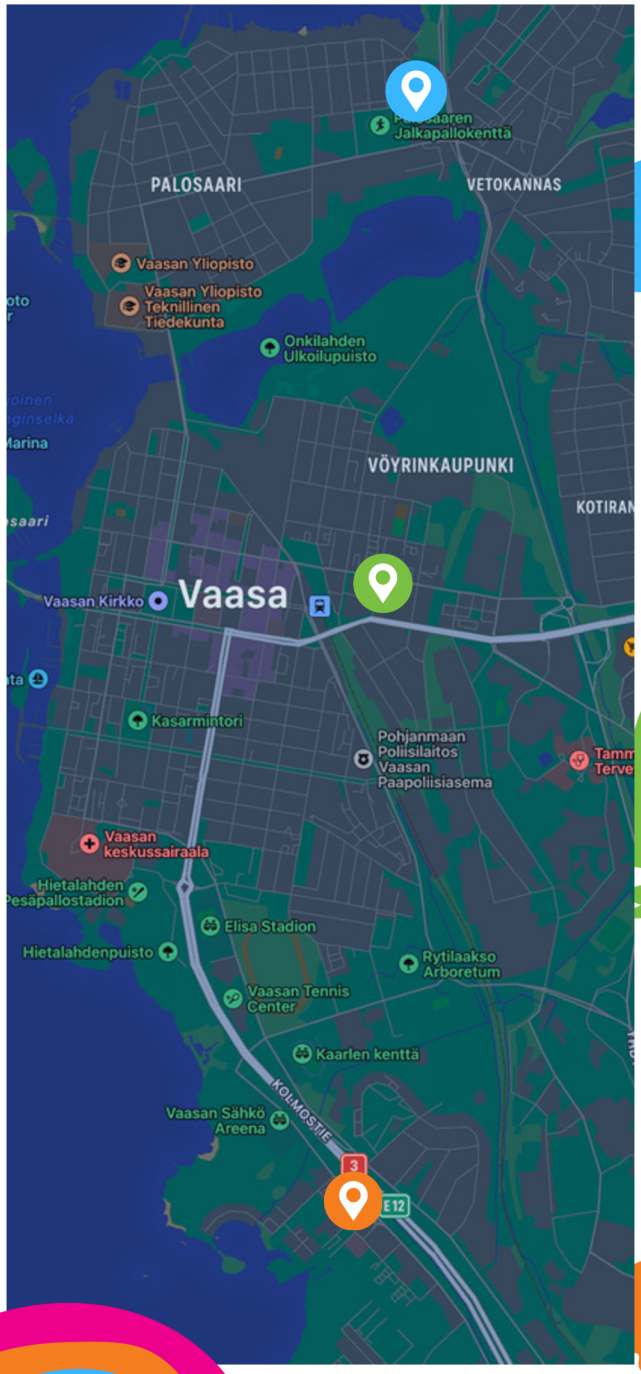
please keep in mind that these are only some, and you can find many more on Vaasas official website also linked below<3

Official Vaasa Website for Freetime

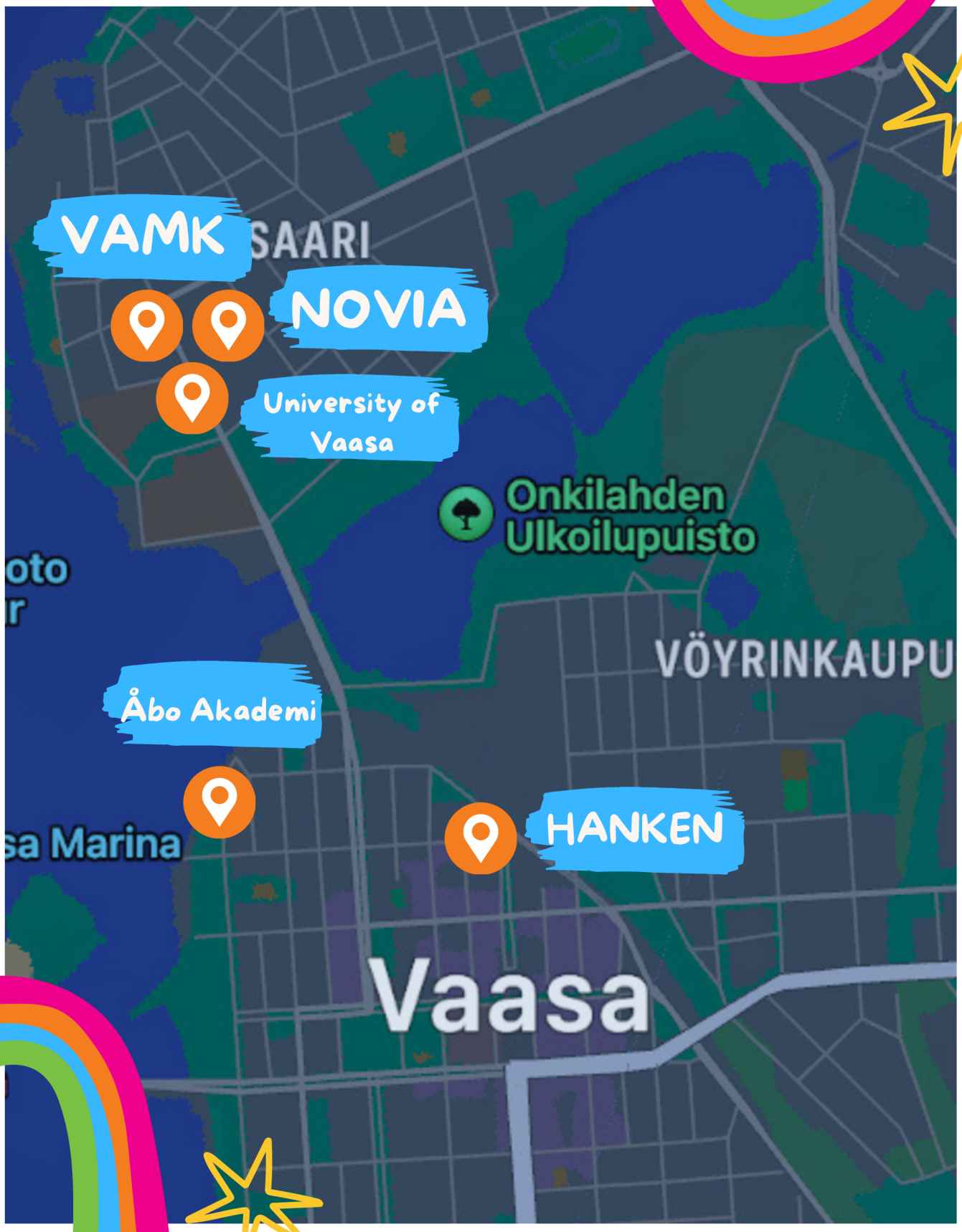
Google Maps: Student Life

Google Maps: Hobbies

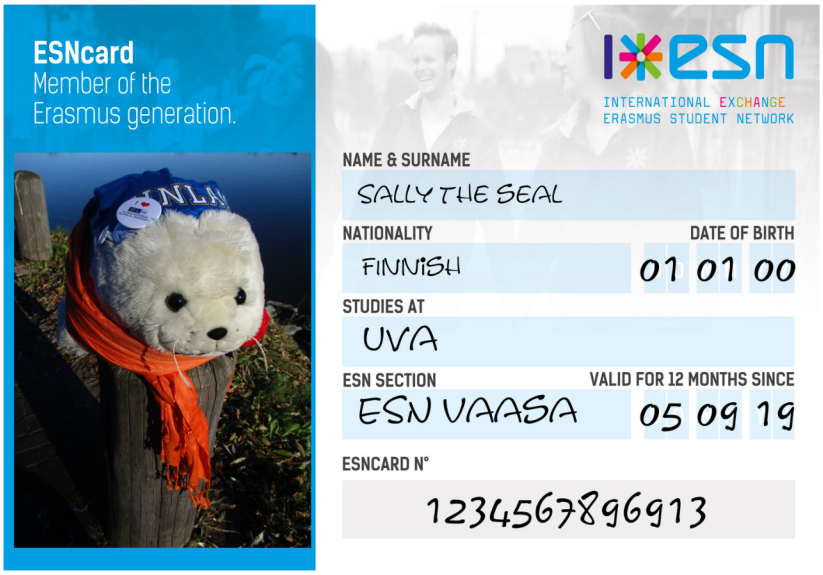
MAPS:
VOAS HOUSING



MAPS: SCHOOLS



Kide.app is where most memberships and event tickets are sold. Its very important that you download the app in good time and make an account



Click here to purchase your ESN Vaasa membership and collect you ESN Card at the next event ;)

10€ per semester
15€ per academic year

Kide.app is available in all play stores and we recomend you download the app.
if you cant find the have to change the region in your phone settings to Finland

OUR TRIPS

with TIMETRAVELS

LAPLAND

LOFOTEN

PIRATES OF THE BALTIC SEA

BALTIC COUNTRIES